CATHEDRAL OF THE SACRED HEART

DIOCESE OF PENSACOLA - TALLAHASSEE · JULY 23, 2017

SIXTEENTH SUNDAY IN ORDINARY TIME

MASS SCHEDULE

Monday - Friday 6:30am and 8:00am
Saturday 8:00am
Saturday Vigil 4:00pm
Sunday 8:00am, 11:00am and 5:30pm

CONFESSION

Saturday 2:30pm - 3:30pm
and by appointment

EUCHARISTIC ADORATION

Friday 8:30am - 12:00pm

CATHEDRAL OFFICE HOURS

Monday - Friday 8:30am - 4:00pm

CATHEDRAL GIFT SHOP

Monday - Friday 10:00am - 1:00pm
Sunday 9:00am - 1:00pm

PRAYER LIFE

2017 Summer Retreat

The season of summer is known for long, sunny days. Whether we're on break from school or beyond school days, Summer provides an opportunity for retreat...a time for renewal. This summer we invite you to join us each Sunday as we reflect on renewing our relationship with Jesus Christ through our prayer life. Prayer, as St Therese of Lisieux says, is an aspiration of our heart that expands our soul. Prayer is a simple yet deeply spiritual expression of our needs for God's grace in our life. Prayer is that moment when we turn our attention to our Creator acknowledging His presence among us and the mystery of His love for us. With this in mind let us discover anew this summer the consolation of prayer in our lives. Over the next few weeks may we reflect on our prayer life by asking: how do we pray, when do we pray, why do we pray, and for what do we pray?

Prayer Life

The Spirit Sows the Seed

Often we tend to think of prayer as something we do or that we initiate. Obviously that's true to a point but what it may miss is the mystery of how the Spirit intercedes also through us. We don't know always what we should pray for. In moments of weakness the grace of prayer may exceed our reference point and it is then that the Spirit will intercede on our behalf. Prayer is a spiritual action that at times may even elude us but prayer is always an action that draws us closer to the will of God.

Join Us in Prayer

Wednesday, July 26th, 8:45am
Cathedral Family Chapel

The Cathedral of the Sacred Heart Council of Catholic Women invite you to join us monthly to pray the Rosary. Our next gathering will be this Wednesday, July 26th at 8:45am in the Family Chapel. *All are welcome*.

At some point in my life, this illustration was imprinted on my historical consciousness. Like the internet memes of today, its ubiquity is as relevant as the picture's origin. Was it a magnet that made it to the door of our family refrigerator? Or a bumper sticker on a car? Was it silk-screened onto a cotton t-shirt? Whatever the medium, the image managed to be affixed to my collective memory. And as trivial as it may first seem, it nevertheless continues to teach me a profound theological lesson.

In the Scriptural passage containing the parable of the sower, Jesus proposes to the crowds a simple story to illustrate a moral lesson. Later, our Lord explains to the disciples in plain language that, "He who sows good seed is the son of Man, the field is the world, the good seed the children of the kingdom." On one hand, the fable describes how it is that evil is permitted to grow alongside good. In another vein, we are called to recognize our identity in God and bear good fruit.

This simple teaching is paramount to understanding God's mercy. He is quick to forgive our sins when we approach with a contrite heart, among many reasons, because evil is not of God. However, a pervading difficulty is that a sinner can be reduced to shame — an experience of feeling like a nobody. A person burdened with shame thinks that they are incapable of BEING GOOD because he or she fails to DO GOOD. Thus, reconciliation and atonement (or scripted for meaning, at-one-ment), draws us back to our purpose, our calling and vocation to do the good will of the Father. Forgiveness of sins restores us to a state of being that allows us to say, "I know I'm somebody 'cause God don't make no junk!!"

Fr. James Valenzuela

Open My Ears, Lord

By Tom Baroco

Am I Ready to Hear?

As I write this, I am in the final preparations in assembling our Performing Arts Camp for our parish youth. Assembling a community for a common purpose presents unique challenges. Our culture and its emphasis on individuality and independence often makes it harder: setting aside individual goals for a group goal looks like failure in our world's drive for individual success. How do we prepare ourselves to recognize and participate in a community?

Open My Ears, Lord

There is a trick to singing that we all instinctively know, but that we may recognize. If I ask young singers what they need to do to sing, I collect answers such as, "Breathe;" "Open Your Mouth;" "Stand Up Straight;" "Smile;" "Let It Go;" (Ok, so that last one is a new one, from the Frozen era…)

The trick, though, starts before we do anything to sing. The trick is to listen. Actively Listen.

Active Listening is not a passive action. We actually need to make an effort. We take in what our ears are 'hearing' and we focus on those sounds that are important. We do this all the time, maybe without even realizing it: in restaurants, we look at whoever is speaking and we focus on their sound – our mind tunes out all the other noise around us. We can listen to a song and focus on our favorite instrument, or voice. And this skill can be trained, and developed. In music training, we actually teach classes in this skill. We call it ear training. That is what enables solo singers to blend their voices into a choir.

GODSPELL

Dinner Theatre Performance

Godspell, the *Steven Schwartz Broadway Musical*
Saturday, July 29, 5:45 pm
Ave Maria Hall

Join young members of our parish as they celebrate the conclusion of their 2 week Performing Arts Camp with the presentation of the musical, **Godspell**.

Tickets for dinner and the show are $10. Please make reservations by calling the parish office.

We Are Many Parts, We Are All One Body

Forming a community requires the same skill, admittedly in a slightly different way. In order for a community to work at its best, each member would listen to the community first, learn about the community's members, hear the community's strengths and needs. After listening, we are able to offer our gifts that serve the community best. We know when the opposite happens: the person who talks without listening, who leads without helping, who demands without serving.

And we hear in this week's messaging that the Spirit has already sown the seed in us and in our communities. We already have access to it. The trick: are we actively listening?

Young Adults - Play Ball!

Join other area Catholic Young Adults (Ages 18 - 39) on Sunday, August 13th, 4:05pm as the Wahoos take on the Mobile Bay Bears. Got kids? Children are welcome! Tickets are $9 and must be purchased in advance by calling/texting Sr. Margaret 850-982-5539.

USCCB Natural Family Planning Awareness Week July 23rd -29th

"Jesus calls us to serve others. Marriage and parenthood are ways we can immediately apply this call in our lives. NFP has led me to be more open to life, more aware of God's design for intimacy in marriage, more dependent on Him to fulfill these plans. It has strengthened my relationship with my husband, given me personal insight and it has given our children life!" *(Dawn Farias, "How Natural Family Planning Changed my Life")*

Natural Family Planning Awareness Week is a national educational campaign of the United States Conference of Catholic Bishops (USCCB) to celebrate God's vision for marriage, promoting the methods of Natural Family Planning and the Church's teaching on sexuality, human love, and marital happiness. For more information, please visit our diocesan website at https://ptdiocese.org/nfp or pick up a flyer located in the back of the church.

Sacred Heart Cathedral School

Educating Minds and Hearts for God

Summer Hours
Monday-Friday
8:30am—12:30pm

Elizabeth Snow, Principal
esnow@shcs.ptdiocese.org
www.shcs.ptdiocese.org

BACK TO SCHOOL

The Cathedral Outreach Ministry is sponsoring a "Wishing Well" for our Sacred Cathedral Heart School Teachers.

Please take a Teacher's Wish from the basket in the vestibule and return your item to the Wishing Well by July 31st.

Our Teachers and Students thank you for your generosity!

CHILDREN'S Liturgy of the Word

CLOW is an age-appropriate Liturgy of the Word offered for children ages 4 through 5th grade during the 8am and 11am Masses. Just before the First Reading, children are invited forward to go with the CLOW Leaders and return to Mass during Offertory. No registration is required. All children are welcome!

Women Connecting - Around the World

Ladies: Join us for Lunch at our summer social! You'll be seated at beautifully decorated tables representing cultures around the world and will enjoy a time of fellowship, delicious food, door prize, and a silent auction. *Hats are Encouraged!*

Saturday, August 5th, 2017

11:00am *Oohs & Aahs* - Viewing of the Tables, Visiting, Silent Auction,followed by Lunch at Noon
Tickets are $15 and must be purchased by **July 31, 2017**. Seating is limited, contact Debby Thorsen at 470-2602 to purchase your tickets.

Farewell Coffee & Donut Reception

Fr. Dustin Feddon

Sunday, July 30th
After the 8:00am and 11:00am Masses
Ave Maria Hall

A coffee and donut reception for Fr. Dustin will be held after the 8am and 11am Masses on Sunday, July 30th in the Ave Maria Hall. Fr. Dustin has been assigned as Priest in Charge of St. Theresa Catholic Church in Sunny Hills, Florida. We were blessed to have him here at the Cathedral for the first year of his priestly ministry. Please join us in bidding him a fond farewell and best wishes in his new assignment!

Mass Intentions

22 SATURDAY
4:00pm Sr. Jean Marie Cihota +

23 SUNDAY
8:00am John Paul Maano +
11:00am Mary Webb +
5:30pm Cathedral Parishioners

24 MONDAY
6:30am Deacon John Morgan +
8:00am In Thanksgiving

25 TUESDAY - *Feast of St. James, Apostle*
6:30am Deacon John Morgan +
8:00am In Thanksgiving

26 WEDNESDAY - *Memorial of Sts. Joachim and Anne, Parents of the Blessed Virgin Mary*
6:30am Deacon John Morgan +
8:00am In Thanksgiving

27 THURSDAY
6:30am Deacon John Morgan +
8:00am Carolyn Hinton & Family

28 FRIDAY
6:30am Deacon John Morgan +
8:00am Lloyd Hale +

29 SATURDAY - *Memorial of St. Martha*
8:00am John Paul Maano +
4:00pm Deacon John Morgan +

Mass Readings

July 23- July 30

Sunday Wis 12:13,16-19/Rom8:26-27/ Mt 13:24-43

Monday Ex14:5-18/Mt 12:38-42

Tuesday 2Cor 4:7-15/Mt 20:20-28

Wednesday Ex 16:1-5, 9-15/Mt 13:1-9

Thursday Ex 19:1-2,9-11,16-20/Mt 13:10-17

Friday Ex 20:1-17/Mt 13:18-23

Saturday Ex 24:3-8/Jn 11:19-27

Next Sunday 1Kgs 3:5, 7-12/Rom 8:28-30/Mt 13:44-52

Pray for our Sick

We ask that you pause a moment to offer a prayer for the sick of our community, especially:

Al and Gay Ambrosi, Yolanda Aguilera, Mafalda Benchea, Maryanne Beovich, William Bingle, Theresa Celestine, Joseph Chrisco, Betty Del Gallo, Elizabeth Martin-Dickup, Jessica Finlay, Sharon Goelzer, Pierrette Gorman, Terrence Henderson, Marge Hildebrand, Cecil Hunter, Carlene Mullens Jones, Linda Kennedy, Claire Lergenmiller, Wendell McCarroll, Genevieve McLean, Vicky Molkentine, Fr. Bob Morris, Mary Helen Murray, Virginia Newsome, Melissa Reed, Madeleine Ritz, Maggierose Rodak, Ronald Rojas, Peg Sheridan, Fr. Henry Thorsen, Earline Vogel, Bryce Waldon, Renie and Willard Warfield, Betty White, Richard White, Thomas Winkler

Please notify the parish office if you or a loved one is hospitalized and/or in need of a visit. If you are in need of receiving Holy Communion at home, contact the parish office, 850-438-3131. Communion calls are generally made on Friday afternoons. If there is an emergency after office hours and you, or someone you know, is in need of the Sacrament of the Anointing of the Sick and/or Viaticum, you may call the emergency line at 850-933-0375.

Did You Know...

Some of our homebound parishioners have expressed a desire to receive periodic visits from members of our parish community. These visits provide a special opportunity for us to care for those who often feel alone. If you think you may be interested in serving in this ministry, please contact Deacon John Parnham at *parnham1@gmail.com.*

Stewardship of Treasure

Offertory for the Week Ending, July 9, 2017

Offertory	$10,273
Budget	$13,500

Charitable Disbursements June 2017

Peter's Pence for the Pope	$1,440
St. Vincent de Paul	$2,500

Catholic Sharing Appeal June 2017

CSA Goal	$82,005
Amount Pledged	$101,859
Amount Received	$66,947
# of Households Pledged	212

Thank you for your generosity!

Electronic Giving

The Cathedral appreciates and relies on your consistent financial support. We encourage you to consider e-giving as a secure and convenient method of giving. Simply go to our website at shc.ptdiocese.org, click the "Giving" button, then "Set up Online Giving". Register and enter your donation information. Please contact Susan Peaden for assistance at 438-3131.

Cathedral Men of St. Joseph

The Men of St. Joseph gather to pray together and encourage each other to be spiritual leaders of our families. We discuss and reflect on upcoming Mass readings each meeting. All men of the parish are invited to join us on Tuesdays from 6am-7am in the Ave Maria Hall Contact Danny Agnew at *dagnew@lanico-inc.com.*

Priests

Rector
Very Rev. Fr. James Valenzuela
ext. 14; valenzuelaj@shc.ptdiocese.org
Parochial Vicar
Rev. Fr. Dustin Feddon
ext. 12; feddond@shc.ptdiocese.org

Active Deacons

Rev. Mr. Paul Graaff
850-433-0964; plgraaff@cox.net
Rev. Mr. John Parnham
850-469-4612; parnham1@gmail.com

Parish Staff

Adult Bible Study
Sr. Marguerite Renuart, OP
ext. 17; renuartm@shc.ptdiocese.org

Liturgical Music Minister
Mr. Tom Baroco
ext. 21; barocot@shc.ptdiocese.org

Maintenance
Mrs. Debbie Zuchowski
850-346-0662; zuchowskid@shc.ptdiocese.org

Organist
Mr. Larry Hughes
850-455-3127; hughes_j@firn.edu

Parish Coordinator
Mrs. Shannon Payne
ext. 10; paynes@shc.ptdiocese.org

Parish Manager
Mrs. Susan Peaden
ext. 16; peadens@shc.ptdiocese.org

Victims of Abuse

The Diocese of Pensacola-Tallahassee is committed to healing the hurting hearts of sexual abuse victims and has established Victims Assistance Coordinators who are experienced and trained counselors and are available to help persons who have been sexually abused by a priest, deacon, or other church personnel.

The Coordinator for the Pensacola/Ft. Walton Beach area is
Dr. Louis Makarowski, 850-477-7181

For Spanish speakers - En Espanol
Dcn. Santiago Molina, 850-627-2350

Diocesan Victim Assistance Hotline
850-435-3536

Ministries

Adult Bible Study
Sr. Marguerite Renuart
Ext.17/renuartm@shc.ptdiocese.org

Bell Choir
Mr. Larry Hughes
850-455-3127; hughes_j@firn.edu

Boy/Cub Scouts
Chris Hrbacek
850-438-8653; cehrbacek@gmail.com

Children's Liturgy of the Word
Susan Peaden
ext. 16; peadens@shc.ptdiocese.org

Children's Religious Education
Tracy Locklear
850-232-1500; tlocklear1@cox.net

Council of Catholic Women
Debby Thorsen
850-470-2602; debby.thorsen@cox.net

Extraordinary Ministers of Holy Communion
Sr. Marguerite Renuart, OP
ext. 17; renuartm@shc.ptdiocese.org

Gift Shop
Dotty Fallon
ext. 18

Girl Scouts
Susan Kennedy
850-470-0665; skennedy233@gmail.com

Ill/Homebound
Dcn. John Parnham
850-469-4612; parnham1@gmail.com

Knights of Columbus
Bob Bloom
850-375-2252; rbbloom@cox.net

Lectors
Andrea Rosenbaum
850-525-3445; andrearosenbaum@cox.net

Outreach Program
Kay Hale
ext. 13; outreach@shc.ptdiocese.org

Parish Council Chairman
Don Quinn
901-505-1610; donquinn79@gmail.com

Rite of Christian Initiation of Adults
Dcn. Paul Graaff
850-433-0964; plgraaff@cox.net

St. Vincent de Paul
Michael Ritz
ext. 23; stvincentdepaulcsh1@gmail.com

Ushers
Chris Wells
850-206-9209; christopherwells@cox.net

Women's Study Group
Sandy White
850-968-1503; sandywhite47@cox.net

This Week at the Cathedral

23 SUNDAY
8:00am Nursery (Ave Maria Hall)
11:00am Nursery (Ave Maria Hall)

24 MONDAY
9:30am Youth Arts Camp
6:00pm Boy Scouts (Ave Maria Hall)

25 TUESDAY
6:00am Men of St. Joseph (Ave Maria Hall)
9:30am Youth Arts Camp
4:00pm Circles of NWFL (Ave Maria Hall)

26 WEDNESDAY
8:45am Rosary in Family Chapel
9:30am Youth Arts Camp

27 THURSDAY
9:00am Genesis Adult Study(Meeting Rm)
9:30am Youth Arts Camp
12:00pm Men's Luncheon (Meeting Rm)
6:00pm Genesis Adult Study (Meeting Rm)

28 FRIDAY
8:30am Eucharistic Adoration until Noon (Family Chapel)
9:30am Youth Arts Camp

29 SATURDAY
5:45pm Dinner Theatre - Godspell (Ave Maria Hall)

To request use of the church or other parish facilities, please contact Shannon Payne, Parish Coordinator at 850-438-3131, ext. 10 or email at paynes@shc.ptdiocese.org.

Bulletin Announcements

Bulletin announcements should be submitted two weeks in advance of the desired publishing date. Email bulletin announcements to bulletin@shc.ptdiocese.org

Heavenly Dusters Schedule

Friday, July 28th, 12:00pm
Dawn Ritz*, Louise Ritz, Quinn Evans

To volunteer as a Heavenly Duster please contact Terry Dillon at tapdillon@aol.com or 850-477-8607.

Message Page

Bulletin # 862450

Church Name: Cathedral of the Sacred Heart

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