

Cathedral

of the Sacred Heart



FEBRUARY 18, 2024
FIRST SUNDAY OF LENT

OFFICE HOURS

Closed Presidents Day Monday
Tuesday - Friday
8am - 3:30pm

WEEKDAY MASSES

Monday 8am
Tuesday - Friday 6:30am
Saturday 8am

WEEKEND MASSES

Saturday 4pm
Sunday 8am, 9:30am, 11am

CONFESSIONS

Saturday 2:30pm
or by appointment

STATIONS OF THE CROSS

Friday 4:30pm

1212 E. Moreno Street | Pensacola, FL 32503 | 850-438-3131 | shc.ptdiocese.org

SCHEDULE AND CALENDAR

Scripture Readings

For the Week of February 18, 2024

Sunday First Sunday of Lent

Gn 9:8-15; Ps 25:4-5, 6-7, 8-9; 1 Pt 3:18-22; Mk 1:12-15

Monday Lv 19:1-2, 11-18; Ps 19:8, 9, 10, 15; Mt 25:31-46

Tuesday Is 55:10-11; Ps 34:4-5, 6-7, 16-17, 18-19; Mt 6:7-15

Wednesday Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Jl 2:12-13; Lk 11:29-32

Thursday Feast of the Chair of Saint Peter, Apostle

1 Pt 5:1-4; Ps 23:1-3a, 4, 5, 6; Mt 16:18; Mt 16:13-19

Friday Ez 18:21-28; Ps 130:1-2, 3-4, 5-7a, 7bc-8; Mt 5:20-26

Saturday Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48

Sunday Second Sunday of Lent

Gn 22:1-2, 9a, 10-13, 15-18; Ps 116:10, 15, 16-17, 18-19; Rom 8:31b-34; Mk 9:2-10

Pray for our Sick

Ladonna Adams, Nia Adams, Heather Alvey, Al Blake, Easley Brielle, Carol Brown, Ken Broussard, Roberta Campbell, Anna Chrisco, Joseph Chrisco, Jaenelle Cooper, Mike Dolezal, Ruth Doyle, Lynn Ekelund, Scott Epley, Patty Ann Finlay, Nathan Gabree, Lucila Garcia, Tereso Garcia, Pamela LeBouef Gonzalez, Becky Halper, Joy Hanscom, Judy Haynes, Terrence Henderson, Art Hershberger, Gail Holliman, Timothy Howald, Monica Hughes, Carlin Johnson, Brittany Kirk, Jeremiah Lafferty, Pat Leach, Amy Leonard, Patrice Majewski, Catherine Manfredi, James Marshall, Herbene McFarlane, Miriam Mendez, Peggy Milsted, Vicky Molentine, Jane Noa, Don Parker, Mary Jo Pfeiffer, Darby Phillips, Gavin Pippin, Carrie Polwort, Carol Quinn, Melissa Reed, Maria Ritz, Ronald Rojas, Jeff Santosuosso, Patricia Schumacher, Maria Shannon, David Sweeney, Cathy Vought, Darin Voght, Bryce Waldon, Richard White, Kim & David Williamson, Liberty Winkler, Thomas Winkler, Robert Withey Jr., Laura Wolfersperger, Donna Yates, Harrison

Please contact the office if you know of somebody in need of prayer or ministry. It is preferred that the Anointing of the Sick is arranged before a case is considered extreme. For after hours sacramental emergencies please leave a message for Fr. James (x114) or Fr. Jacob (x112)

Office Hours:

Tuesday—Friday
8AM to 3:30PM



The Cathedral of the Sacred Heart
is a parish of the Roman Catholic
Diocese of Pensacola-Tallahassee
Most Reverend William A. Wack, Bishop

SUNDAY FEBRUARY 18

8:00am Mass [Edward M. Chadbourne Jr.+]

9:30am Mass [Cathedral Parishioners]

Nursery (Nursery)

Children's Liturgy of the Word (Cathedral)

10:45am OCIA (Rita Reynolds)

11:00am Mass [Sacred Heart Cathedral Priest & Staff]

3:00pm Rite Of Election

MONDAY FEBRUARY 19

PARISH OFFICE CLOSED

8:00am Mass [Dr. Jose Montes+]

5:30pm CL Group (St. John)

6:30pm Adult Bible Study (Rita Reynolds & St. Luke)

6:00pm Boy Scouts (Ave Maria Hall)

7:00pm Young Adult Bible Study (St. Matthew)

TUESDAY FEBRUARY 20

6:00am Men of St. Joseph (Rita Reynolds)

6:30am Mass [Charles Boyd Jr. & Family]

9:00am Adult Bible Study (Rita Reynolds)

6:30pm Mom's Study Group (St. Matthew)

7:00pm Young Adult Study Group (St. John)

WEDNESDAY FEBRUARY 21

6:30am Mass [Dolores Winter+]

9:00am Mom's Group (St. Matthew)

3:00pm—10:00pm Adoration (Cathedral)

5:30pm Faith Formation (All Rooms)

7:00pm Adult bible Study (Rita Reynolds & St. Matthew)

THURSDAY FEBRUARY 22

6:30am Mass [Evangeline Santos+]

9:00am Adult Bible Study (Rita Reynolds)

5:30pm CCW Mass

6:00pm Study Group (Library)

6:00pm CCW General Mtg (AMH)

FRIDAY FEBRUARY 23

6:30am Mass [Deceased Poor+]

10:00am Heavenly Dusters (Team 1)

4:30pm Stations of the Cross

5:00pm Fish Fry (AMH)

SATURDAY FEBRUARY 24

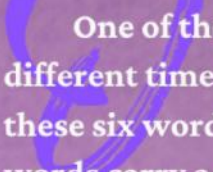
8:00am Mass [Marlene Bigelow+]

9:00am Heavenly Dusters (Team 7)

2:30pm Confessions

4:00pm Vigil Mass [John Voigt+]

Repent and Believe



One of the prominent themes of Lent is 'repent and believe in the Gospel'. We hear it at different times and in different ways throughout Lent. A lot has been written and said about these six words and how they should impact our lives. Well, here are some more. But these words carry a powerful message, especially as we head into Lent. We get the English word repent from the Greek metanoia which itself has its roots in two words – meta, meaning beyond and nous meaning spirit or mind. So put together, metanoia, or repent, gives us the idea to go beyond the mind or to go beyond yourself. It means to change our way of knowing, our way of perceiving and grasping reality, to change our perspective and our way of seeing. The Kingdom of God arrived in Jesus but unless we change our way of seeing, knowing and our perception of reality, we will not see or experience it. We need to see beyond ourselves, beyond our own ego, and into Jesus in order to perceive the Kingdom. We need to take on the mind of Christ as St Paul tells us.

To believe is not so much about knowing but of being known. It has to do with opening ourselves up to God and allowing ourselves to be overwhelmed by the power of God and to permit Him to be a part of every level of our being – to be known by Him. So to believe is not so much about understanding and agreeing to certain propositions and ideas as it is in surrendering to God who wants to live in us. To believe is a call to find a new center of our lives – in God's love and in Jesus and His Kingdom. To believe in the Gospel, or Good News, has everything to do with a radical change of life and vision, a change in our way of seeing the world. It is the process of finding our true self by letting go of our old center, our ego, and making Jesus the center of our life. As one person put it, it is about swimming in the Divine sea. Imagine yourself a drop of water in the ocean that is God. You remain an individual drop but are immersed in the ocean of God to the point that it's hard to tell where the drop ends and the ocean begins. That drop becomes so immersed in the ocean that they are as one – we are not divine but we share in His Divinity.

This Lenten season is a time for us to take on the mind of Christ and to grow into this new way of seeing, of grasping and of our perception of reality – the metanoia or repent part. It is a time to put aside our ego and make God and His love the center our life – the believe part. But this is not something that should be practiced or implemented into our lives only during Lent. It should be something we do every day, all year long, year after year. Lent, then, becomes a time when we are to remember, or reawaken, that need to daily repent and believe in the Gospel – in case we have lapsed. The term 'to remember' in Biblical language means to take positive action. Lent is a time to positively make repentance and belief a permanent part of our life.

Deacon Paul Graaff



5 More Resolutions to Make a Good Lent

01

READ THE BIBLE

the daily scriptures provided by the church are a good start; read the gospels - the life of Christ; brief passages can go a long way

sure phones and computers are a part of our life, but there is a lot of life beyond the gadgets and social media

02

LIMIT YOUR SCREEN TIME

03

PRAY THE ROSARY

reflect on the mysteries of Christ's life through the intercession of Mary; formulaic prayer can allow us to contemplate other holy things

almsgiving or giving of ourselves to others operates against selfishness; if change is in short supply donate online or by check

04

DONATE TO CHARITY

05

LEARN TO SAY "NO"

saying yes to tasks that don't contribute to your lenten goals may lead you wanting; lent is a great opportunity to slow down and rediscover time for God



Cathedral of the Sacred Heart
Council of Catholic Women

The next CCW general meeting will be
Thursday, February 22nd.

Mass at 5:30pm, with dinner and
meeting to follow in the Ave Maria Hall.

**The guest speaker will be
Covenant Hospice.
They will be speaking on the 5 wishes.**

Please RSVP to Helena Waldie 803-206-9088

Fasting & Abstinence

- Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.
- For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.
- The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

LENTEN EVENING PRAYER

Taizé Prayer Service

Join us for a musical form of
contemplative prayer.

The Cathedral Music Ministry will
accompany us through moments of
reflection that we may focus on God's
presence around us. What a beautiful
way to prepare for Easter!

**Wednesday, February 28th
6pm at the Cathedral**

CATHEDRAL HIGH SCHOOL YOUTH GROUP

FEB/MAR 2024



Feb

11th

- February 11th- NO High School Youth Group. See you next week!

18th

- February 18th- Youth Group 6-7:30

25th

- February 25th- Youth Group Party! 6-7:30. Dinner is provided. Farewell to Thomas Wilkinson!

MAR

3rd

- March 3rd- Youth Group 6-7:30

10th

- March 10th Youth Group @ St. Paul's 6-7:30pm

17th

- March 17th- Youth Group 6-7:30



Family Event

Lent and Holy Week

Saturday, March 2nd

Time: 9-10:30 AM (light continental breakfast/coffee provided)

Location: Ave Maria Hall
RSVPS due by Mon, 2/26 to Erica maloneye@shc.ptdiocese.org with number attending in your group/ages of kids.

Spend the morning entering into Lent + preparing for Holy Week with your family! Make a Paschal family candle, stations of the cross, + an interactive Holy Week calendar for your home.



Knights of
Columbus
#11125



Parish Fish Fry

Fridays in Lent

Ave Maria Hall
5:00 PM - 6:30PM
(or when fish runs out)

\$10 | \$6 | \$35

Adult Child <12 Family

Dinner includes:
fish, sides and drink

Take-Out available.
Credit Cards accepted.



STATIONS OF THE CROSS

FRIDAYS OF LENT
4:30 PM



ADORATION OF THE BLESSED SACRAMENT

WEDNESDAYS
3PM - 10PM
IN THE CATHEDRAL



Diocese of Pensacola-Tallahassee

Office of the Bishop
11 North "B" Street
Pensacola, Florida 32502
Office: (850) 435-3520
Fax: (850) 435-3565

February 2024

Dear Brothers and Sisters in Christ:

By virtue of our baptism into Christ Jesus, we are all missionaries, beginning with our own families and parishes. Like the Apostles, we are encouraged to reach out to our brothers and sisters in faith, love, and sacrifice. We must continue to build God's Kingdom in our world. I invite you assist the mission of the Church by supporting the 2024 Black and Indian Mission Collection.

Historically, evangelization efforts by Churches and schools among African American, Native American and Alaskan Native communities are funded by the Collection's grant awards, which are instrumental in the building of their Christian communities and sharing the joy of knowing Christ. In the Diocese of Pensacola-Tallahassee, your support has helped to promote African American Evangelization Programs across the diocese, as well as, the Cause for Canonization of the Martyrs of La Florida. Your financial commitment makes a difference both locally and across the country.

On the weekend of February 17/18, 2024, we will participate in the Black and Indian Mission Collection. Together we build up the Church and announce the Good News of Jesus Christ. Your generosity to this collection reflects the depths of your faith and your willingness to help our brothers and sisters in need; it is an opportunity to evangelize and further the missionary cause of bringing the Gospel to our African American, Native American and Alaskan Native families.

Thank you for your prayerful support of the Black and Indian Mission Collection.

Sincerely yours in Christ,

+William A. Wack, CSC

Most Reverend William A. Wack, CSC
Bishop of Pensacola-Tallahassee

The Cathedral office
(850) 438-3131
is available
to facilitate contact
with these ministry
leaders.

PARISH MINISTRIES

ADULT BIBLE STUDY GROUPS
Maxine LeBouef

BEREAVEMENT & FUNERALS
Don Quinn

BOY SCOUTS / CUB SCOUTS
Chris Hrbacek

CATECHESIS OF THE GOOD SHEPHERD
Monica Hughes

CHILDREN'S LITURGY OF THE WORD
Kristen Howard

CONNECT GROUPS
Corri Snigg

COUNCIL OF CATHOLIC WOMEN
Dana Fredriksson 

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Browse our selection of gifts for sacraments!

HEAVENLY DUSTERS
Terry Dillon

HOSPITALITY
Andrea Rosenbaum

KNIGHTS OF COLUMBUS 
Sacred Heart Council #11125 | Chris Hrbacek

LECTORS
Marilyn Oberhausen

MEN OF ST JOSEPH
Contact Danny Agnew
Meet Tuesdays 6am

MOMS BIBLE STUDY
Kelly Filippini

ORDER OF CHRISTIAN INITIATION
Deacon Paul Graaff

PRAYER SHAWL MINISTRY
Linda Barrett

PENSACOLA CATHOLIC YOUNG ADULTS
Sr. Margaret Kuntz, ASCJ

SACRED HEART CATHEDRAL SCHOOL
Mrs. Dominique Baroco, Principal
850-436-6440



ST VINCENT DE PAUL
850-466-5676
stvincendepaulchs1@gmail.com



Cathedral Staff

PRIESTS

Very Rev. James Valenzuela, Rector
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Rev. Jacob Jaks, Parochial Vicar
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DEACON

Dcn. Paul Graaff
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PASTORAL TEAM

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Parish Coordinator
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Director, Faith Formation & Family Ministry
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Youth & Campus Ministry
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Admin & Ministries Assistant
Ms. Sarah Stroup
stroups@shc.ptdiocese.org

Front Office Admin Assistant
Mrs. Mary Ann Dalton
x111 · daltonm@shc.ptdiocese.org



Stewardship of Treasure

January 2024 Giving (estimated)

Offertory Received **\$93,250**

Budget **\$94,750**

Thank you for your generosity

FINANCE COUNCIL

Clifton Gavin, Tim Kane, Daniel Kelliher
Dave Kimbell, Todd Rosenbaum, Michele Coleman

Catholic Sharing Appeal 2024

Goal \$125,625

Pledged \$0

Received \$0

Participants 0

www.ptdiocese.org/csa



To contribute to the diocesan-wide efforts of building the church, please return your CSA pledge card or visit the CSA website and sign up for giving.



Other Charitable Disbursements

St. Vincent de Paul contribution \$3,500

Setting Hearts Ablaze is our vision for greater participation in the life of the church and the intentional prioritization of our parish as the heart of our encounter with God, our community, and our baptismal call. A strong parish with robust participation in the sacraments and a culture of tithing will bear much fruit in the lives of all parishioners, the spiritual growth of Pensacola, and the strengthening of the church!



Set Hearts Ablaze
THE CATHEDRAL WAY

Victims of Abuse

The Diocese of Pensacola-Tallahassee is committed to healing the hurting hearts of sexual abuse victims and has established Victims Assistance Coordinators who are experienced and trained counselors and are available to help persons who have been sexually abused by a priest, deacon, or other church personnel.

The Coordinator for the
Pensacola/Ft. Walton Beach area is
Dr. Louis Makarowski, 850-477-7181

For Spanish speakers - En Español
Dcn. Santiago Molina, 850-222-6482

Diocesan Victim Assistance Hotline
850-435-3536

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Your Will
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Bob Beargie
Managing Partner


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